Michigan Psychological Association
Along with
Central Michigan University, College of Humanities and Social and Behavioral Sciences
Central Michigan University, Department of Psychology
Central Michigan University, Office for Institutional Diversity and Inclusion
The Grand Traverse Band of Ottawa and Chippewa Indians
Forest View Hospital
Northern Lakes CMH
The Human Rights Commission of Traverse City

Present

Culturally Informed Clinical Practice

Featuring
Sarah E. Domoff, Ph.D.
Ellen Fedon-Keyt, Ph.D.
David Garcia, LMSW, ACSW
Mark Kane, Ph.D.
Arlene Kashata, MA CSAC
Lawrence M. Probes, MD

Friday, October 20, 2017
8:30 a.m. – 4:00 p.m.
6 CEU Credits Psychology
6.5 CEU Social Work/Chemical Dependency

Grand Traverse Resort Conference Center
100 Grand Traverse Village Blvd.
Acme, MI 49610
Culturally Informed Clinical Practice

This conference will bring together clinicians and representatives of the Tribal Nations community in Northern Michigan to provide a unique and valuable cultural and clinical training with CEU's for psychologists, social workers, licensed professional counselors and certified alcohol and substance abuse counselors.

Mental health professionals are called on to understand diversity factors in order to provide appropriate and effective psychological services and also meet professional licensing requirements. Yet many of us did not benefit from comprehensive diversity classes or other diversity experiences while in training. Recognizing and supporting clients’ sociocultural identity and understanding the historic, intergenerational, socioeconomic and political factors that impact their lives can be challenging for clinicians while also essential for effective service provision. This conference will address the overall importance of culturally informed practice, intergenerational trauma, religion as cultural diversity, clinical innovations and best practices, challenges for clinicians and clients, and culturally informed practice in integrated care settings and among specific, underserved populations. In collaboration with community elders from the Tribal Nations, this day-long event will include experiential and cultural components specific to Native American communities in Michigan as well as the more traditional teaching components of a clinical training event.

Workshop Overview

9:00 - 10:15 am OPENING CEREMONY
Community Elders

Tribal elders will share an Anishinabek ceremony and review local Tribal history.

“Cultural Health Across Two Centuries and Many Countries”
Dr. Lawrence Probes

Dr. Probes will review the impact on public health of major historical events and cultural specifics dating back to the 1950's. Of particular note will be the impact of social upheaval and armed conflict. Dr. Probes will also relate his personal experiences at home and abroad that illustrate the contributions of culture and the creative arts to better human development, relationships and health.

Learning Objectives:
- Learn cultural perspectives on health across 2 centuries, 7 decades and many countries.
- Fathom effects of social upheaval and armed conflict on health.
- Appreciate how the creative arts and language bring cultures together.
- Identify the influence of Native Traditional spirituality on health.

10:15 - 11:45 am Panel Discussion on substance abuse treatment within the Native American community. Moderated by Arlene Kasha, MA, CASC.

Arlene Kashata, MA, CSAC, will lead a panel discussion on substance abuse treatment within the Native American community in Michigan. Contributing factors such as intergenerational trauma, and resiliency factors that support successful recovery will be introduced with four short videos from "Sowing the Seeds of Recovery." Challenges and best practices in mental health service provision will then be discussed, along with information about the Access to Recovery Initiative (ATR) and the recovery community and peer recovery support that is available under the "tribal umbrella." The panel consists of three of the GTB BH therapists sharing their personal experience and choice of treatment practices they utilize with their clientele.

Noon – 1:00 pm Lunch

"The Use of Humanitarian Clowning in a Cross-Cultural Environment with Combat Veterans recovering from Combat Related Post Traumatic Stress and Military Sexual Trauma."
Every day in the U.S., over 20 Veterans commit suicide due to Post Traumatic Stress caused by the horrors of war. Those who survive become victims of a constant suffering which also affects their families and communities. In an effort to relieve these invisible wounds, Patch Adams, MD and the Gesundheit! Institute take a group of these Veterans suffering PTSD on a trip to Guatemala to immerse them into the world of humanitarian clowning, where the red nose works as an excuse to connect these men and women with love, compassion, laughter and friendship, things that for these heroes seemed forgotten.” Dr. Mark Kane will describe his work with combat veterans and the culturally immersive experiences they shared as part of a Humanitarian Clowning group who traveled to Guatemala. He will also play and discuss parts of the documentary “Clown Vets.”

1:00 - 2:15 pm  "Faith and Spirituality in Clinical Practice"
 Dr. Sarah Domoff and David Garcia, MA

Spirituality and religion can serve as protective factors, especially for racial/ethnically diverse populations. Participants will identify barriers to incorporating questions about spirituality and religious practice in their own practices and as supervisors of others’ clinical work. Participants will learn through guided break out groups how to integrate spirituality into assessment and treatment. Clinical examples will include spirituality in clients identifying as Native American.

Learning Objectives:
- Learn about the importance of assessing and addressing spirituality and/or religion in therapy/counseling.
- Acquire skills in assessing spirituality and religiosity in clients of diverse backgrounds.
- Identify barriers and/or challenges to integrating spirituality into clinical services as well as solutions.

2:30 – 4:00 pm  “Intergenerational Trauma and Therapeutic Alliance in Clinical Practice,”
 Dr. Ellen Fedon-Keyt and Arlene Kashata, MA, CASC

Recent years have seen significant developments in the understanding of trauma (individual, group and intergenerational) and the protective, healing mechanisms of resiliency. This presentation will explore specific intergenerational trauma and resiliency factors within Tribal Nation communities, so that attendees may increase their skill in providing culturally informed clinical services. During this presentation, attendees will have the opportunity to develop an increased, respectful awareness of the many layers of generational experiences that clients carry with them. Current best practices and skills for working respectfully and collaboratively with Native American clients and communities will be discussed. Skills to recognize and work through challenges to the therapeutic alliance will also be offered.

Learning Objectives:
- Attendees will improve their ability to offer comprehensive mental health care by learning to recognize and respectfully work with intergenerational trauma.
- Attendees will learn to recognize and better support resiliency factors present in Native American culture.
- Attendees will learn to recognize challenges to building a therapeutic alliance and develop skills to have healing intercultural conversations.

CLOSING CEREMONY
Community Elders

Continuing Education Credit
Participants in this program are eligible for 6 hours of continuing education credit for Psychologists and 6.5 CEU for SocialWork/Chemical Dependency. MPA is approved by the American Psychological Association (APA) to sponsor continuing education for psychologists. The MPA maintains the responsibility for the program and its content. In accordance with APA rules, those arriving more than 15 minutes late or leaving more than 15 minutes early will not qualify for continuing education credits.
Presenters

Sarah E. Domoff, PhD
Sarah E. Domoff, PhD, joined Central Michigan University in Fall 2016 and directs the Family Health Lab in the Department of Psychology. She completed her doctoral training at Bowling Green State University in Clinical Psychology (Child Clinical concentration) and post-doctoral training at the University of Michigan. In 2015, Dr. Domoff received a Ruth L. Kirschstein National Research Service Award (F32HD085684) from the NICHD to examine low-income mothers’ beliefs about media and family mealtime practices as predictors of childhood obesity risk. Broadly, Dr. Domoff’s research program seeks to promote the health and well-being of diverse, underserved children and families, with a specific focus on childhood obesity prevention and healthy media use. Dr. Domoff utilizes observational methodology, mixed-methods, and novel audio-recording technology to understand the potential impact of new media use on young children’s health and development.

Ellen Fedon-Keyt, PhD
Ellen Fedon-Keyt, PhD, is a clinical psychologist in Dearborn, Michigan, who is personally and professionally dedicated to issues of diversity and social justice. For the past twenty years, she has built experience as a clinician, consultant, clinical supervisor, crisis intervention team member, speaker, researcher and social justice activist. Currently serving as chair of the Michigan Psychological Association (MPA) Committee on Diversity, Inclusion and Social Responsibility, Dr. Fedon-Keyt works collaboratively with organizations and communities to support initiatives such as suicide prevention, SAFE training, and trauma survivor services. In her personal life, Dr. Fedon-Keyt is a retired rugby player who has been happily and legally married to her partner of fourteen years, Deb, since the repeal of DADT and DOMA. The two can sometimes be found camping around the U.S. and Canada or performing original songs at local coffeehouses.

David Garcia LMSW, ACSW
David Garcia LMSW, ACSW is currently the Behavioral Health Administrator at the Saginaw Chippewa Indian Tribe in Mt. Pleasant, MI. He is a graduate of Michigan State University School of Social Work and is a licensed Master of Social Work. David has over 25 years of working with Hispanic, Native American and the lower social-economic population. He specialized in working with generational trauma in families and severely defiant adolescents. David is of Mexican and Native American descent, the Apache Nation - LaPan tribe. He has been on the Native American Red Road of Spirituality for over 23 years primarily incorporating the Lakota teachings and ceremonies and attributes his 22 years of sobriety to those teachings. At the Saginaw Chippewa Indian tribe where they serve tribal members and members of other tribes, they provide outpatient clients the opportunity to incorporate the Anishnabek teachings and cultural awareness into their treatment. The residential treatment center for SUD utilize western treatment modalities alongside traditional and cultural Anishnabek teachings and ceremonies (i.e. 7 grandfather teachings, water ceremony, lodge talking circle, cleansing ceremonies, fasting camp and sweat lodge).

Mark Kane, PhD
Mark Kane, PhD, is a licensed psychologist with over 20 years of experience. In addition to being President of Riverview Psychological Services, P.C., Dr. Kane is a Fellow of the Michigan Psychological Association for his work with Veterans. Dr. Kane has traveled and taught in Central America over the past two years as part of the Gesundheit Institute Clown staff for the Veterans Clowning trips to Guatemala. His trips as part of the Gesundheit Institute Clown staff and clinical experiences with combat veterans are documented in the film, “Clown Vets,” which is in its final stages of production. Dr. Kane will be presenting part of this documentary and giving a lecture on the healing power of humor with combat veterans with posttraumatic stress at the conference.

Arlene Kashata, MA CSAC
Arlene Kashata, MA CSAC, is a citizen of the Grand Traverse Band of Ottawa & Chippewa Indians in Michigan with a MA in Educational Leadership/School Principalship and a BA in Psychology with a minor in Indian Studies. During her undergraduate studies she received the honor of being chosen the National Indian Student of the Year Award for all American Indian/Alaskan Native Students in October 1989. Arlene is a certified Substance Abuse Counselor with 20+ years’ experience and currently is the GTB Department Manager for Human Services. She is a TA consultant for SAMHSA, for Inter-Tribal Council of Michigan ATR III & IV and a grant reviewer for ANA. For the past 20 years she has been a cultural consultant/speaker in educational settings and conferences. Arlene’s
personal experiences and childhood challenges have inspired her to help Native people gain knowledge and understanding for changing the outcomes of intergenerational trauma for themselves, their families and their Tribal communities. Arlene, a Traditional Pipe Carrier for the past 33 years, incorporates Traditional Ceremonies and Teachings to promote healing and growth for Native People on their road to sobriety.

Lawrence M. Probes, MD
Dr. Probes graduated from Interlochen Arts Academy in 1971, and after entering Eastman School of Music he changed career direction and returned to his hometown, Fort Worth, where he attended Texas Christian University. During premedical studies he played bassoon in the Ft. Worth Symphony, then he went on to medical school at the University of Texas Medical Branch in Galveston. After graduating in 1978 Dr. Probes moved to Grand Rapids, Michigan where he completed his residency in psychiatry through Michigan State University. During his 28 years in Grand Rapids Dr. Probes worked in many public and private mental health settings. He became interested in peacemaking, citizen diplomacy, humanitarian work, public health, and efforts to prevent nuclear war. He joined Physicians For Social Responsibility and International Physicians For The Prevention Of Nuclear War. Dr. Probes studied Russian and became professionally fluent, and after many trips to Russia and the USSR he worked in 1992 as medical director of the Moscow Regional Delegation of the International Red Cross. Dr. Probes has traveled to 36 countries. He has worked for the World Health Organization in Copenhagen, Denmark. Throughout his medical career and extensive travels Dr. Probes continued his music, playing bassoon in the Grand Rapids and Traverse Symphony Orchestras. Now “Doc Probes” lives in Traverse City and works for the Pine Rest TC Clinic and the Grand Traverse Band Behavioral Health Services. He performs more than 150 music shows a year as a popular musician, singing and accompanying himself on guitar and piano as a solo artist, as well as with his family band, Cherry Blossom Ramblers, and his tribute band, Peter Paul & Mary Remembered. Dr. Probes says, “Music makes me a better doctor.”

Culturally Informed Clinical Practice

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8:30 – 9:00 am Registration

9:00 - 10:15 am “Cultural Health Across Two Centuries and Many Countries” & Opening ceremony
*Dr. Lawrence Probes and Community Elders*

10:15 - 11:45 am Panel Discussion on substance abuse treatment within the Native American community. Moderated by Arlene Kashata, MA, CASC.

11:45 am - Noon Break

Noon – 1:00 pm “The Use of Humanitarian Clowning in a Cross-Cultural Environment with Combat Veterans recovering from Combat Related Post Traumatic Stress and Military Sexual Trauma.”
*Dr. Mark Kane's lunch time presentation*

1:00 - 2:15 pm "Faith and Spirituality in Clinical Practice” Dr. Sarah Domoff and David Garcia, MA

2:15 - 2:30 pm Break

2:30 – 4:00 pm “Intergenerational Trauma and Therapeutic Alliance in Clinical Practice,” and Closing Ceremony *Dr. Ellen Fedon-Keyt, Arlene Kashata, MA, CASC, and community elders*
REGISTRATION FORM

Culturally Informed Clinical Practice

Friday, October 20, 2017  
6 CE Credits  
Grand Traverse Resort and Conference Center, Acme, MI

Name_________________________ Degree_________________________

Street________________________ City_______ State_______ Zip_________________________

Phone________________________ Email_________________________

Registration Fees
Online Registration ends 10/18/17

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For which Profession will you be receiving CE/CEU's from (please check one)?

- Psychologist
- Social Worker
- Substance Abuse
- None

Total Amount Due: $________________{}

Check enclosed. Please make payable to “Michigan Psychological Association”
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