Robert D. Hare, Ph.D., the best-selling author of *Without Conscience: The Disturbing World of the Psychopaths Among Us*, will speak at MPA’s Fall Convention on Thursday, November 2.

Renowned worldwide for his decades of research on the nature and implications of psychopathy, Robert Hare will discuss psychopathy during a full-day workshop. Hare developed the Psychopathy Checklist – Revised (PCL-R), which has become the international standard for the valid and reliable assessment of psychopathy.

Dr. Hare discussed his upcoming schedule as well as some of the latest findings in the field of psychopathy with *The Michigan Psychologist* recently. At the time of the interview, he was preparing for a trip with an FBI profiler to do several days of presentations in Chile. He said that the dramatic increase in research on psychopathy, the adoption of the PCL-R as a common metric, and the ongoing fascination with the concept of the psychopath has led to constant traveling around the world for seminars and workshops. Although he enjoys the workshops, the traveling he admits is wearisome. However, heconcedes that his favorite audiences are in the U.S. and Canada. “They don’t mind asking questions and confronting you,” he says. “Most importantly, they are tuned in and very responsive.”

At the MPA Convention workshop, Hare will discuss assessment with the PCL-R, recent advances in the use of brain imaging to help us understand psychopathy, and developmental issues and controversies. In addition, his presentation will explore applications of the knowledge of psychopathy to the criminal justice system, and new thinking and research in the treatment of these difficult individuals.

“Things are especially heating up in the neurosciences,” Hare, professor emeritus at the University of British Columbia, says. “Brain imaging is providing clues about what makes psychopaths tick.”

What does make them tick?

“A consistent finding from these studies is that psychopaths apparently have to work harder than others to process emotional information,” Hare says. “Most of us process emotional material and situations fairly easily and efficiently. But for the psychopath it’s like they have to translate to and from a foreign language. They appear not to use the same parts of the brain as do others to deal with emotions.”

“There may be anomalies in the function and integration of limbic, temporal, and frontal regions of the brain. These anomalies may make it difficult for them to appreciate the full meaning of emotional language,” he explains. “However, there is no evidence of palpable brain damage. So we can’t understand the psychopath with a simple model of brain damage.”

Hare first ran across psychopathic behavior early in his career when he worked at the British Columbia Penitentiary. He related his experiences as the only psychologist in the penitentiary in his book, *Without Conscience*.

After studying hundreds of psychopaths since then, Hare, who recently co-authored (with Paul Babiak) a new book entitled *Snakes in Suits: When Psychopaths Go To Work*, estimates that about one percent of the population is psychopathic. Recent research on psychopathy in the community provides some support for this estimate.

He indicates that recent twin studies show that most of the traits that characterize the psychopath – traits like being callous and unemotional – have high heritability. But this doesn’t mean that social forces are unimportant. “We’re all a product of our nature and our environment,” he says. “Nature provides us with the clay and our environment molds that clay.”

He also points out that in his workshop he will talk about new directions in treating the psychopath. “The old view was that you can’t treat the psychopath,” he acknowledges. “But we’re beginning to question that now. The issue has to do with what it is that we treat.

“I don’t think we’re going to change the personality structure of the psychopath, but maybe we can modify his behavior so that he can satisfy his needs and wants without messing with the rights of others.”
1 out of 2 are great odds at a casino.

...but not when it comes to the risk of disability.

What are my chances of being disabled?
Much greater than you ever imagined. According to the American Society of Actuaries, it's greater than the risk of death between ages 25 and 65 at every age. Chances are one in two that a 30-year-old will be disabled for more than three months before age 65. It's not a risk to ignore, especially when it seems everyone is depending upon you for their financial well-being.

Who would the family turn to?
When you aren't able to work due to a serious illness or injury, who will pay the mortgage, taxes, car payments, college tuition and other expenses? Federal Housing Administration statistics show that 44% of all mortgage defaults are due to disability.

Don't gamble with your financial future. LifeStyle Plans are a sure thing!
A professional at age 40 can protect $50,000 of monthly salary for just $166 quarterly. A professional at age 30 can purchase a plan to age 65 with a 180-day waiting period and a $40,000 monthly benefit for just $94.40 quarterly. It costs so little to protect your family. If you break an arm or a leg, it won't cost you both to stay on your feet with Trust Income Protection LifeStyle Plans.

*Coverage is individually underwritten. Policies issued by Liberty Life Assurance Company of Boston, a member of Liberty Mutual Group. The company has received financial strength ratings of “Aa” from the AM Best Company. Plans have limitations and exclusions for costs and complete details and the member listed. **Minimum age 65 and waiting period of 90 days.
Assessment has been one of my specialties as a psychologist for more than 30 years, though I have difficulty believing that I have actually been doing it that long. I have formally assessed thousands of individuals and many of the assessments have involved intelligence testing. Although I recognize that many psychologists happily abandon their testing skills after graduate school, as a forensic psychologist I look forward to the opportunity of doing intelligence testing with clients.

Relative to the assessment referral question, intelligence testing gets a green light when it appears relevant and useful and not just interesting to know how the individual thinks or what their cognitive strengths and weaknesses are. Additionally, intelligence testing may be indicated in exploring how the individual handles frustrating situations, how they focus and concentrate, and how such functioning is relevant to their personality dynamics.

It seems to me that intelligence testing reflects not only what we do but also what we value as psychologists. Intelligence testing is so much more than just gathering data regarding cognitive strengths and weaknesses. Intelligence testing involves enacting underlying principles of careful observation and even more careful inference – which is fundamental to our functioning as psychologists.

The person in front of you responds in the context and framework of the test structure. It is our job to not only follow the test administration and scoring guidelines but to take the opportunity to observe him or her “behaving” in front of you — sometimes in unexpected ways.

In addition to observing an individual interact with a series of tasks that measure different components of cognitive functioning, intelligence testing is a great opportunity to see the diversity of ways each person approaches tasks, what their pace is, and how it may vary depending on the task. Furthermore, we can observe their degree of perseverance, hear their spontaneous comments, and note their diverse reactions. All of these observations are extremely valuable during an examination when we are trying to understand the complexity of a person.

For me, intelligence testing presents an opportunity to interact in a formal but complex fashion with one human being at one point in time for about an hour. That individual is functioning in a focused way on a series of varied tasks, displaying individual coping strategies with sometimes creative and sometimes unique behaviors. As a psychologist this is very useful and constantly fascinating. It is part of the cruc of what we do: to understand commonality in human behavior as well as individual differences and uniqueness. For me, that is what makes psychology the unique profession that it is.
Executive Director
Judith Kovach, Ph.D.

Mental Health Parity: An Election Issue

An election year provides us with a unique opportunity to influence legislators. It is important that we use the time prior to the election to let current legislators and candidates know that their position on supporting mental health parity legislation and ending discrimination against people with mental and emotional disorders will influence how we vote!

Status of parity bills
SB 229 and 230 were reported out of the Senate Health Policy Committee and are ready for a vote of the full Senate. The Senate is currently in summer recess and will return to regularly scheduled sessions in September. We hope for a vote in September. Many Senators are “undecided” and now is the time for constituents to weigh in. After a successful Senate vote, in order to move forward, the bills will need a hearing in a House Committee, a vote of the Committee to report out the bills, followed by a successful vote in the House. The House action may not happen until the “lame-duck session,” which refers to sessions held at the very end of a 2-year legislative cycle, following the November election.

It is very important that you contact your Senator and ask for support for SB 229 and 230. Find your Senator at www.senate.michigan.gov. Then, go to www.house.michigan.gov to find your Representative and contact him or her to ask support HB 4793 and 4794.

How do elections affect our parity strategy?
During this time before the General Election (November 7th) legislators are candidates (both the House and Senate have elections this year). Candidates are home in their districts campaigning and they want to talk to constituents!

There are meet-the-candidate events planned in every community—including debates and “chat” events, often in local coffee shops. This is a great time to let sitting legislators and their challengers know that parity is important to you. Watch your mail and check your local papers for these opportunities. If you have a candidate who you want to support, think about time as well as money. You can volunteer a few hours in the campaign office and begin a relationship with a (hopefully) successful candidate. This is a very good way to gain a willing “ear” for mental health issues.

To find out who is running in your State Senate and House District, go to Project Vote Smart at www.vote-smart.org and enter your extended zip code (there is a link to help you find your zip-plus-4). Scroll down to Michigan Senate and House of Representatives Candidates.

We can make mental health parity an election issue—constituent by constituent! For more information about parity go to the MPA website at www.michpsych.org or contact me at 248-302-6774 or mpadpa@msn.com.

Mental Health Parity Facts

- 38 states have mental health parity laws.
- Estimates based on current data indicate the increase in premiums as a result of parity from 0 - 0.9%
- New England J. of Medicine (March 2006): study compared FEHB plans with matched set of health plans without parity:
  Results: “Implementation of parity in insurance benefits for behavioral health care can improve insurance protection without increasing total costs.”
- North Carolina has had mental health parity since 1991, and has realized a 38% drop in mental health costs to the state.
- The U.S. Surgeon General estimated in 1999 that the cost to business for lack of parity was $70 billion.
- A 30% reduction in mental health services at a Connecticut corporation triggered a 37% increase in medical care, thus costing the corporation more money, not less.
- Untreated depression alone costs employers over $4,200 per employee per year.
- Absenteeism is three times higher among workers with untreated mental illness or addiction disorders.
- The October 2004 report of the Governor’s Mental Health Commission recommended that “the disparity between physical and mental illness in private health insurance coverage should be ended by early enactment of [corrective] state legislation.”
- A statewide poll in Michigan found:
  - 88% of households who own a small business support mental health parity
  - 78% of households who own small businesses said that parity would be worth a premium increase.
  - 83% of everyone polled supported equal coverage between mental and medical illness

The Michigan Psychologist; www.michpsych.org

3rd Quarter, 2006
National Depression Screening Day

October 5

The Michigan Psychologist: www.michpsych.org

Welcome! – 2006 New MPA Members

Associate Members

Regular Members
Eric Ambreg, Ph.D., Dorella Bond, Ph.D., Sandra Bowker, Ph.D., Raquel Fernandez-Rams, Ph.D., Paris Finner-Williams, Ph.D., Jennifer Friedman, Ph.D., Scott Halstead, Ph.D., Elizabeth Hammer, Ph.D., James Jones, Ph.D., Michelle Lynch, Psy.D., Geraldine Markel, Ph.D., Pamela Marsh, Psy.D., Sandra McDermott, Psy.D., William Miller, Ph.D., Cheryl-Lynn Podolaki, Ph.D., Nancy Rundorf, Ph.D., Donna Rockwell, Psy.D., Richard Sarok, Ph.D., Russell Scaboo, Ph.D., Ronda Shapiro, Psy.D., Marc Silverstone, Ph.D., Richard Spates, Ph.D., Jerry Spriggs, Psy.D., Lisa Stoey, Psy.D., Eric Willmarsh, Ph.D.

Student Members

National Depression Screening Day is October 5, and the Women’s Advocacy Committee together with the Public Education Committee will be supporting community education and screening on that day. “National Depression Screening Day is an ideal time to increase awareness and to offer help to both our clients and the general public,” says Gail Berkove, Chair of the Women’s Advocacy Committee. While the Women’s Advocacy Committee’s most concentrated involvement with depression screening and emotional wellness takes place during the spring at various health fairs, opportunities are ongoing for psychologists to become involved with mental health screening and community education.

“Free screening and educational materials are available to MPA members through the Women’s Advocacy Committee,” says Berkove. However, the sponsors of the National Depression Screening Day also sell various screening kits, educational handouts, a video, clinical guides, and pocket cards. You can register your depression screening site with them for free as well as order materials on-line at www.mentalhealthscreening.org or by calling 781-239-0071.

To obtain depression screening and educational materials from the Women’s Advocacy Committee, contact Gail Berkove at 248-552-0440.
B ecause we are complex, adaptive and evolving creatures there are many different versions of human nature, shaped by genetics and environment, we have both the will to survive and the need to do what we believe is right. Survival tactics can be ugly in the extreme. We have infinite capacity to deceive ourselves with our beliefs. Nonetheless, because of my particular heritage and family life I have a world view which assumes that, given a beneficial life environment, most people have the ability to be loving, respectful, and trustworthy.

Mary F. Whiteside, Ph.D.

At this moment, “my strongest belief about human nature” is that we all desire to be valued. How we approach gaining that feeling, or doing those things we believe will establish our worth, has much to do with the native attributes we are fortunate enough to possess and with the degree to which we are psychologically healthy. People find value in themselves through personal achievement, having family and friends, feeling attached to valued groups or institutions, having power over others, and romantic and sexual intimacy. Within this framework, psychological health is a function of an inner valuation of the self that has become relatively independent of a need for the esteem or submission of others and which does not involve the perverted or destructive connecting to each other of the different means of acquiring such value.

Robert W. Cahill, Ph.D.

The Big Question is a new feature of The Michigan Psychologist. Each year one big question will be asked and answers to the question will be solicited from both Michigan and national psychologists. Each quarterly issue of the newsletter will highlight several responses. If you are inspired by The Big Question, write your response, and send it to Jack Haynes at jhaynes254831mi@comcast.net.

The Big Question for 2006 is:

What is your strongest belief about human nature?

I know psychology seeks laws of human behavior, but I still believe in human uniqueness: we are all individuals, and we are all different. It’s not what happens to us, but what we do about it. And the ways of reacting are myriad. I have a supervisee who keeps me on my toes, by asking for the bulleted points when assigned a new case. I try to provide what she needs, while still inviting her to remain open and curious. And, I believe biology has much more to do with personality than anyone ever taught me in school.

Ida Zack, Ph.D.

M an’s development of speech put an end to the evolution of Homo sapiens at least 11,000 years ago and probably earlier. He should be called Homo loquax, “man talking” or “loquacious man.” Speech was the equivalent of a nuclear weapon. Man no longer needed to “naturally select” new traits. While he was at it he put an end to the evolution of every animal he found (a) edible or (b) obnoxious. The edible ones he strictly controlled through animal husbandry. The obnoxious ones he exterminated or brought to the brink of extinction. Evolution is merely the substratum, the platform, upon which man developed his own nature. The substratum consists of the still mysterious impulses to (1) live and avoid death, (2) reproduce, (3) compete (Darwin always said he had no idea where the “life impulse,” as he called it, originated.) Beyond that everything that man does involves status competition in the “cultural” arena. Culture refers to all activities made possible only by speech. That is man’s life.

Tom Wolfe, Ph.D.

Best-selling novelist & social critic
Exclusive to The Michigan Psychologist
Progressive Insurance Resources, LLC

We have 32 years experience & deal with over 30 companies

Ronald Wolfe, RHU, LIC
23100 Providence Drive, Suite 200
Southfield, Michigan 48075
(248) 569-1235
(248) 569-1815 Fax
www.progressiveinsuranceresources.com
e-mail: rwolfe001@ameritech.net

Give Us An Opportunity to Quote on your Insurance

Fax in this form with your information

YES, I would like to receive additional information.

I'm interested in:

- Disability Insurance
- Blue Cross Blue Shield of Michigan
- Universal Life
- Hospitalization Insurance
- Low Cost Term Insurance
- Long Term Care

Name ____________________________ Address ____________________________
Business Phone ____________________ City/State/Zip ____________________________
Home Phone ________________________ Date of Birth ____________________________
Best Time to Call ____________________

2007 President-Elect Candidate Statements

Roberta Toll, Ph.D.

CURRENT POSITION
• Private Practice, Bingham Farms

ACADEMIC
• Ph. D. Clinical Psychology, Union Institute & University
• M.S.W., University of Pennsylvania
• B.A., University of Michigan

ORGANIZATIONS
Michigan Psychological Association
• Fellow
• Board Member (2001-present)
• Program Committee (Chair, 2001-present)
• Women’s Advocacy Committee
• Critical Incident Network

Michigan Women Psychologists
• Past-President
• Fellow
• Program Chair
• Women’s Health Chair

American Psychological Association

MPA is the voice of psychology in the state of Michigan. It is an honor and privilege to be asked to run for president. If elected, I hope to preserve and enhance the outstanding contributions of our past presidents. After five years’ service on the Board, I understand how important it is for psychologists to advocate for the needs of our patients, the public, and our profession. Continuing to educate the public and the legislature about psychology is a priority. To ensure our organization’s vitality, I hope to represent the full gamut of our members’ needs, increase membership, reach out to psychologists throughout the state, and continue to gain an understanding of what we can do to better represent all members.

Through my long-term participation with MPA and my Board membership, I have an understanding of, and I am committed to, the issues that are vital to MPA, such as mental health parity, prescription privileges for psychologists, continuing education, and the creation of new professional opportunities for psychologists. We need to continue our work of encouraging and broadening mental health care for all who need it. I have worked with the Program Committee, as Chair, to further educational goals, professional skills, diversity of programs, and the use of technology to allow statewide access to programs. If elected, I will work hard to further the goals of this organization and create new initiatives. Although these are challenging times, they are full of opportunities. I will do my best to help MPA take advantage of these opportunities.

If you have any questions, please feel free to e-mail me at drtoll@aol.com

Karen Colby Weiner, Ph.D.

CURRENT POSITION
• Private Practice, Southfield, MI

ACADEMIC
• Ph.D. Clinical Psychology, University of Detroit

ORGANIZATIONS
Michigan Psychological Association
• Fellow
• Chair, Ethics Committee 1996 – 1998
• Member, Ethics Committee 1992 – 1998
• Recipient in 2002 of a Meritorious Service Award from MPA for service to the Ethics Committee

Michigan Psychological Association
• Chair, Legislative Committee 1991 - 1992

American Psychological Association

The pursuits, growth, and effectiveness of MPA are critical to the strength and well-being of our profession in Michigan. As a practicing psychologist, an active participant in MPA, and a member and Vice Chair of the Michigan Board of Psychology, I have been afforded unique opportunities to help advance psychology. If honored by election to President-Elect of MPA, I would be prepared to continue this effort by moving MPA in positive directions. Specifically, I commit to energetic service in three interrelated areas; building the influence of MPA, increasing the membership of MPA, and enhancing the treasury of MPA.

Influence: Our professional focus must always be on high standards and facilitating necessary changes (i.e., parity, protection of insurance reimbursement rights). This can only come about with vigilance, and effective and energetic organizational efforts.

Membership: Stated simply, I would seek to bring home to every psychologist that his or her voice alone can have only minimal impact on improving the issues we care about as professionals. It is by joining with others, that is, joining together in MPA, that we care about will be heard and can come to be.

Treasury: MPA has been struggling to find ways to keep up with rising costs and an expanding agenda. Without sacrificing existing services it is fiscally difficult to increase efforts and effectiveness. Fund-raisers have been instituted to help to fill this gap. It is important to continue this effective method of increasing income and to find new ways to assure MPA the resources necessary to carry out its goals.

(continued on page 11)

3rd Quarter, 2006
The road ahead can be filled with unexpected twists and turns. Mental health practitioners can protect against tomorrow’s risks today with professional liability insurance coverage from Rockport Insurance Associates. With over 100 years of combined experience in the insurance industry, our staff is adept at providing policies for protection that matters. We bring you:

- Personal attention and service that surpasses client expectations
- Policies underwritten by a company rated “A+” (Superior) by A.M. Best
- Third-party verifications issued quickly at no additional cost
- Policies designed to meet your coverage needs
- No deductible
- Competitive rates

No matter what lies ahead, for your professional liability insurance needs, all you need is Rockport. We never forget we are working for you.

Rockport Insurance Associates

Call 1-800-423-5344 or visit our website at www.rockportinsurance.com

Rockport Insurance offers special rates for Psychologists licensed under a Masters degree, who do not have a doctorate degree.

Insurance exclusively for:
- Counselors
- Psychologists
- Psychological Associates
- Psychological Examiners
- Marriage & Family Therapists
- Social Workers
- Alcohol & Drug Counselors
- Other Mental Health Providers
What's New from MPA's Licensing Committee?

The Board of Psychology has made its recommendations on the proposed changes to the administrative rules regarding licensing. The next step, according to Jan Lazar, chair of the Licensing Committee, is for public hearings to be held on the new rules. Those hearings will be scheduled at some point in the future.

The Board has recommended these changes:
- To keep Michigan consistent with other states, post-doctoral hours should be reduced from 2 years to 1 year, and from 4000 hours to 2000 hours (The APA recommends 2000 hours of post-doctoral practice).
- The advertising rules as they apply to limited licensed psychologists should be relaxed to allow LLP’s to be able to use letterhead and business cards with their name and title. Informational web-sites should also be allowed.
- “MPA looks forward to these changes to bring Michigan in line with APA recommendations and the practices of other states,” comments Jan Lazar. “We thank the Board and the Rules committee for their hard work and attention to detail.”

Supervision for Hardship Situations

MPA keeps a list of LLP’s willing to do supervision at a reduced fee for those individuals with small practices or who are working on a part-time basis. In those cases where supervision may become a hardship, one can petition the Board of Psychology for a variance. If you are willing to help out in hardship cases, please contact Pam Stuffy, Managing Director at the MPA office to offer your services.

CPQ: What is it? Do I need it?

The Association of State and Provincial Psychology Boards (ASPPB) has designed a program to ease professional mobility for licensed psychologists by issuing a Certificate of Professional Qualification in Psychology, or CPQ, as well as keeping a repository of licensure related information in it’s credentials bank.

So, if practice in another jurisdiction is possibly in your future, you may want to look further into certification. The ASPPB website address is www.asppb.org.

How Long is a Supervision Hour?

The “hour” for supervision is a 60-minute hour — not the 50-minute therapy hour we practicing psychologists use. “Additionally, supervision is to be face-to-face, not done via telephone and to be done individually, not in a group setting,” says Lazar. She points out that this is similar to other states’ rules for supervision.

If You Have a Dual License, Do You Still Require Supervision?

“I’ve received several questions regarding supervision in situations where mental health professionals have two licenses, such as an LMSW or LPC and are licensed by the Board of Psychology,” notes Jan Lazar. “In these situations, you need to maintain the supervision requirement throughout your career.”

She says that some LLP’s believe that if they become a Licensed Masters of Social Work, they do not need supervision. “However, if you want to maintain your license with the Board of Psychology, you do have to continue to meet the supervision requirements,” states Lazar.

What if You are Aware of Violations of Michigan’s Health Code?

“Many of the questions I’ve received involve complaints regarding the practice of other mental health professionals,” says Lazar. “It is important to note that licensed health care professionals are required by the Michigan Health Code to report violations.” She says that reporting can be done online or by calling the appropriate Board and requesting a complaint form. If necessary, they can protect your identity if desired.

Janice Lazar, Ph.D., Licensing Chair

2006 MPA Continuing Education

Friday September 15 - Madonna University, Livonia, MI
Evidence-Based Assessment and its Relevance to Psychotherapy
Co-sponsored with Wayne State University
Speakers: Michael Lambert, Ph.D., Doug Barnett,Ph.D., Mark Lumley, Ph.D., John Porcerelli, Ph.D.
2006 Fall Convention
Thursday November 2 - Embassy Suites, Livonia, MI
Psychopathy- Robert Hare, Ph.D.
Friday November 3
Hot Topics: 4 tracks/12 - 1 hour presentations
Morning:
Track 1 Children & Families
1) Changes in Test Theory: Interpreting IQ Tests in 2006
2) Current Issues in Childhood Bipolar Disorder
3) I-J-2-3 Magic: Clinicians’ guide to Parenting Skills

Track 2 Diversity
1) Suicide and African American Males
2) Disability in the Workplace
3) Ethical Guidelines for the Provision of Psychological Services to Non-Metrosexual Patients and Clients

Afternoon: Track 3 Practice Issues
1) An Overview of Current Licensure Issues in Michigan
2) Internet Psychological Practice: Examination of current issues
3) Billing & Insurance Update Panel

Track 4 Anxiety Disorders
1) Hypnotic Intervention for Affect Regulation
2) Cognitive Behavioral Treatment of Anxiety
3) A new view on Psychoanalytical & Medication Tx of Anxiety

The Program Committee’s goal is to sponsor programs of current interest to members. To further this goal, we are inviting members to suggest topics of interest or speakers they would like to hear. Please send your suggestions to Roberta Toll, Ph.D., Program Chair, 248-594-3337 or rtoll@aol.com. Thanks.

Janice Lazar, Ph.D., Licensing Chair

2006 MPA Continuing Education
Friday September 15 - Madonna University, Livonia, MI
Evidence-Based Assessment and its Relevance to Psychotherapy
Co-sponsored with Wayne State University
Speakers: Michael Lambert, Ph.D., Doug Barnett,Ph.D., Mark Lumley, Ph.D., John Porcerelli, Ph.D.
2006 Fall Convention
Thursday November 2 - Embassy Suites, Livonia, MI
Psychopathy- Robert Hare, Ph.D.
Friday November 3
Hot Topics: 4 tracks/12 - 1 hour presentations
Morning:
Track 1 Children & Families
1) Changes in Test Theory: Interpreting IQ Tests in 2006
2) Current Issues in Childhood Bipolar Disorder
3) I-J-2-3 Magic: Clinicians’ guide to Parenting Skills

Track 2 Diversity
1) Suicide and African American Males
2) Disability in the Workplace
3) Ethical Guidelines for the Provision of Psychological Services to Non-Metrosexual Patients and Clients

Afternoon: Track 3 Practice Issues
1) An Overview of Current Licensure Issues in Michigan
2) Internet Psychological Practice: Examination of current issues
3) Billing & Insurance Update Panel

Track 4 Anxiety Disorders
1) Hypnotic Intervention for Affect Regulation
2) Cognitive Behavioral Treatment of Anxiety
3) A new view on Psychoanalytical & Medication Tx of Anxiety

The Program Committee’s goal is to sponsor programs of current interest to members. To further this goal, we are inviting members to suggest topics of interest or speakers they would like to hear. Please send your suggestions to Roberta Toll, Ph.D., Program Chair, 248-594-3337 or rtoll@aol.com. Thanks.

Janice Lazar, Ph.D., Licensing Chair

2006 MPA Continuing Education
Friday September 15 - Madonna University, Livonia, MI
Evidence-Based Assessment and its Relevance to Psychotherapy
Co-sponsored with Wayne State University
Speakers: Michael Lambert, Ph.D., Doug Barnett,Ph.D., Mark Lumley, Ph.D., John Porcerelli, Ph.D.
2006 Fall Convention
Thursday November 2 - Embassy Suites, Livonia, MI
Psychopathy- Robert Hare, Ph.D.
Friday November 3
Hot Topics: 4 tracks/12 - 1 hour presentations
Morning:
Track 1 Children & Families
1) Changes in Test Theory: Interpreting IQ Tests in 2006
2) Current Issues in Childhood Bipolar Disorder
3) I-J-2-3 Magic: Clinicians’ guide to Parenting Skills

Track 2 Diversity
1) Suicide and African American Males
2) Disability in the Workplace
3) Ethical Guidelines for the Provision of Psychological Services to Non-Metrosexual Patients and Clients

Afternoon: Track 3 Practice Issues
1) An Overview of Current Licensure Issues in Michigan
2) Internet Psychological Practice: Examination of current issues
3) Billing & Insurance Update Panel

Track 4 Anxiety Disorders
1) Hypnotic Intervention for Affect Regulation
2) Cognitive Behavioral Treatment of Anxiety
3) A new view on Psychoanalytical & Medication Tx of Anxiety

The Program Committee’s goal is to sponsor programs of current interest to members. To further this goal, we are inviting members to suggest topics of interest or speakers they would like to hear. Please send your suggestions to Roberta Toll, Ph.D., Program Chair, 248-594-3337 or rtoll@aol.com. Thanks.

Janice Lazar, Ph.D., Licensing Chair
2007 Secretary Candidate Statement

Kristin Sheridan, Ph.D.

CURRENT POSITION
Private Practice, Mt. Pleasant, MI

ACADEMIC
Ph.D., Counseling Psychology, University of Oklahoma

ORGANIZATIONS:
- Michigan Psychological Association
  • Fellow
  • Secretary of the MPA board
  • Chair, Licensing Committee (2002-2005)
- American Psychological Association

I am proud to be a member of MPA continuously since 1984. In the past few years, I have served MPA as Licensing Committee member, Licensing Committee chair, and interim Secretary of MPA. It would be my pleasure to serve again as Secretary of MPA, this time as an elected Board member.

I see MPA as a critical force for psychology in Michigan. It means that every licensed psychologist in the state is a member. MPA helps psychologists protect their scope of practice and obtain reimbursement.

It provides continuing education opportunities. It promotes psychology to the public through educational and service projects. Through the newsletter and listserv, it keeps psychologists in Michigan in touch with each other and abreast of current issues in psychology.

In my career as an attorney, I also was fortunate to have many opportunities to make contributions (i.e., President of Women Lawyers Association of Michigan, Chair of the State Bar Special Committee on Underrepresented Groups in the Law, Law Clerk to Justice G. Mennen Williams of the Michigan Supreme Court). I would like to think that all of my experiences in both professions will enhance what I can offer MPA.

If you have any questions, please feel free to e-mail me at DrKCW@comcast.net.

In my time on the MPA Board, I have observed how seriously Board members take their responsibilities to MPA members and to the profession of psychology. I would not run for this office if I did not respect the other members of the Board and their diligence. So while I am running unopposed, and therefore am apt to be elected, I am happy to take this opportunity to communicate to MPA members that I think we all can be proud of the organization that represents us.

In my time on the MPA Board, I have observed how seriously Board members take their responsibilities to MPA members and to the profession of psychology. I would not run for this office if I did not respect the other members of the Board and their diligence. So while I am running unopposed, and therefore am apt to be elected, I am happy to take this opportunity to communicate to MPA members that I think we all can be proud of the organization that represents us.

Karen Weiner statement continued from page 8)

Kristin Sheridan, Ph.D.

PRIVATE PRACTICE, MT. PLEASANT, MI

ACADEMIC
Ph.D., Counseling Psychology, University of Oklahoma

ORGANIZATIONS:
- Michigan Psychological Association
  • Fellow
  • Secretary of the MPA board
  • Chair, Licensing Committee (2002-2005)
- American Psychological Association

I am proud to be a member of MPA continuously since 1984. In the past few years, I have served MPA as Licensing Committee member, Licensing Committee chair, and interim Secretary of MPA. It would be my pleasure to serve again as Secretary of MPA, this time as an elected Board member.

I see MPA as a critical force for psychology in Michigan. It means that every licensed psychologist in the state is a member. MPA helps psychologists protect their scope of practice and obtain reimbursement.

It provides continuing education opportunities. It promotes psychology to the public through educational and service projects. Through the newsletter and listserv, it keeps psychologists in Michigan in touch with each other and abreast of current issues in psychology.

In my time on the MPA Board, I have observed how seriously Board members take their responsibilities to MPA members and to the profession of psychology. I would not run for this office if I did not respect the other members of the Board and their diligence. So while I am running unopposed, and therefore am apt to be elected, I am happy to take this opportunity to communicate to MPA members that I think we all can be proud of the organization that represents us.

Karen Weiner statement continued from page 8)

In my career as an attorney, I also was fortunate to have many opportunities to make contributions (i.e., President of Women Lawyers Association of Michigan, Chair of the State Bar Special Committee on Underrepresented Groups in the Law, Law Clerk to Justice G. Mennen Williams of the Michigan Supreme Court). I would like to think that all of my experiences in both professions will enhance what I can offer MPA.

If you have any questions, please feel free to e-mail me at DrKCW@comcast.net.

In my career as an attorney, I also was fortunate to have many opportunities to make contributions (i.e., President of Women Lawyers Association of Michigan, Chair of the State Bar Special Committee on Underrepresented Groups in the Law, Law Clerk to Justice G. Mennen Williams of the Michigan Supreme Court). I would like to think that all of my experiences in both professions will enhance what I can offer MPA.

If you have any questions, please feel free to e-mail me at DrKCW@comcast.net.
**Employment Opportunities**

*Bloomfield Hills:* Part-time Limited Licensed Psychologist with experience in Neuropsychological Testing. Wanted on a per diem basis, willing to train or supervise the right person. Please contact Lewis Smith, Ph.D., PC at 248-644-2955 or fax or e-mail CV to 248-644-0237 or LewisAID@aol.com

*Detroit:* Part-time neuropsychologist needed in our diverse adult outpatient clinic (dementia, neurologic/neurosurgical and psychiatric) near Henry Ford Hospital in Detroit. Fully licensed with 3 years or more experience at this level. Contact Ken Podell 313-876-2256 or KPODELL1@HFPIS.org.

*Fenton/Flint:* Fully licensed psychologists-Do you want a higher income and more clients? Booming outpatient mental health clinics in Fenton and Flint has clients galore for full or part time position. Flexible hours. Family health insurance benefits also available. For information, call 810-726-5400 or e-mail diamedale@yahoo.com.

*Fort Gratiot:* Private mental health agency near Port Huron seeks LLP, CSW, or LPC for OP work with all ages and moderate symptoms. Salary plus incentive. Also, new office in Rochester Hills. Blue Water Clinic, Linda Liethen, MA, LLP, 1501 Krafft Rd., Fort Gratiot, MI 48059. [www.bluewaterclinic.com](http://www.bluewaterclinic.com).

*Royal Oak:* Licensed Psychologist needed to provide individual and couples therapy at Relationship Institute. Numerous referrals provided. Must have at least 5 years post-doc. Contact Joe Ravone, Ph.D. at drjoebau@yahoo.com

*Southfield:* OPC Clinic seeking a full partner. Needs to have developed practice (patient load, referral sources). Must have LMSW, PhD, MA, LPC, or LMFT. We accept BCBS, Medicare, PPOM, Magellan, Aetna, Blue Care Network, M-Care, DMC, Care Choices, Value Options Insurance. Call Amy at Northwest Counseling & Psychotherapy Center 248-895-7321 or fax resume to 248-357-4447.

**Office Space**

*Bloomfield Hills:* New Opening, full time space in attractive four-office suite, located in the Woodward and Long Lake area. Perfect for a psychiatrist and/or psychologist. Waiting room, fax, copier, free parking, very professional atmosphere, reasonable rent. Supervision available upon request. For additional information, contact Lewis Smith, Ph.D.: 248-644-2955 or 248-227-4085 or lwsphd@aol.com.

*Bloomfield Hills:* Completely renovated professional office suite in medical building opening August 1st. Full-time $475, furnished/unfurnished. Professional atmosphere, convenient location, waiting room, ample parking 386-484-9649 or 248-258-8899. [www.michpsych.org](http://www.michpsych.org)

*Chelsea:* Beautiful brand new office for rent. Close to I-94, parking and all amenities, waiting room, ground floor. In suite of Drs. and autism specialist. $1,100 per month. Call 734-475-6070

*East Lansing:* Single office available in Lansing / East Lansing’s most popular and fastest growing professional area. 3 person suite in beautiful new office building located in Maynard’s Professional Centre near 127 / Lake. Lansing Rd. Waiting room, receptionist and phone system included. $850.00 per month. Contact Jan Maynard, 517-927-3437

*Farmington Hills:* Office space available, located off Interstate 696 on Orchard Lake Road and 11 Mile Road. Full time space in an attractively furnished two-office suite within a three-story professional building ($675 per month) which includes a generous-sized office with a window on the first floor, waiting room, workroom, fax, copier, storage cabinet, restroom in immediate proximity, refrigerator, microwave, free parking, and a quiet but friendly atmosphere. For additional information contact Dr. Yurk 248-615-2830.

*Farmington Hills:* Beautiful office on picturesque pond. Full or part-time office space available located on Northwestern in Farmington Hills. Each office has windows and deck overlooking pond, with fountain, woods and wildlife. Contact Steve Fadior, Ph.D.: 248-737-9903


*Farmington Hills:* PSYCHOLOGIST’S Solo Suite for Sublease 2-3 days/ wk, Orchard Lk Rd @ 11 Mile Rd (just S of I-696) 3rd floor suite w/ 2 lg windows built out to maximize confidentiality. Includes sound-proofing, analytic couch, kitchenette w/ fridge & microwave. Restrooms/elevator immediately adjacent in newly decorated hallway. Handicap accessible, quiet bldg w/ lighted parking. Call 248-478-2450.


**Service Opportunities**

“By Request Billing Services!” Professional mental health billing service offering reasonable rates with exceptional satisfaction. We offer Electronic as well as HCFA claims processing, comprehensive monthly reports and patient statements all within compliance of HIPPPA requirements. For information contact Susan Taylor: 248-627-7169 or [www.byrequestbilling.com](http://www.byrequestbilling.com).
Helping psychologists identify and understand diversity issues is one of the missions of the newly-reactivated MPA Task Force on Diversity. So, too, is the application of this knowledge in the provision of psychological services.

To meet these goals, the Diversity Task Force is offering a new diversity track at the MPA Fall Conference in November. Three morning sessions will be held on suicide among Black adolescents, the impact of physical challenges on those served by our profession, and ethical guidelines for the provision of psychological services to non-heterosexual patients and clients.

Leading the session on providing psychological services to GLBT (Gay, Lesbian, Bisexual and Transgender) individuals will be Gregg A. Pizzi, chairperson of the Diversity Task Force. “In this workshop, I’ll focus on practical and ethical guidelines for working with non-heterosexual patients and clients,” says Pizzi, a Royal Oak psychologist. “It’s essential first of all that psychologists understand that being gay, lesbian, bisexual or transgender is not indicative of mental illness.”

Pizzi points out that he’ll discuss the attitudes of straight therapists who work with GLBT patients. “Your attitude is relevant to providing treatment,” he says, “and if your attitude interferes, then an appropriate referral might be indicated.” Conversely, Pizzi adds, “being a gay therapist is not enough either, without proper training in working with these populations.”

He also says that he will tell psychologists during this session, which will be held on the morning of Friday, November 3, that you need to educate yourself about the importance of family and relationships within the GLBT community. “They live in an environment that brings about constant stress and challenges.”

Psychologist Alton Kirk will conduct the session on suicide among Black adolescents and Charles Upshaw will be presenting on the physical challenges of psychologist’s patients.

Pizzi says that in addition to planning future workshop and conference sessions, his task force is planning to have their own page on the MPA website, which will feature articles related to a wide range of diversity issues.

The Diversity Task Force welcomes new members. For questions about membership, contact Gregg A. Pizzi at 248-345-6555 or DPizzi@DPizzi.com
Dr. Lewis Smith, Ph.D., P.C.

Now offers ValorLaserTherapy ®.

This therapy is effective for eliminating withdrawal symptoms and suppress one’s appetite.

Under the supervision of Dr. David Keedy, M.D., P.A.C.C., F.A.C.P., Valor Laser Therapy is safe and totally painless, with no side effects. This authentic therapy achieves the desired results quickly.

To Make an Appointment call 248-644-2955  
40780 Woodward St., 201 Bloomfield Hills, MI 48304  
www.lewissmithphdpc.com

STOP SMOKING IN ONE HOUR
Valor Laser Therapy ® eliminates the pain and discomfort of withdrawal symptoms in as little as one hour.

LOSE WEIGHT STARTING TODAY
Valor Laser Therapy ® suppresses your appetite for 30 to 45 days and allows you to get a head start on your diet and exercise.

Dr. Lewis Smith, Ph.D., P.C.

Now offers ValorLaserTherapy ®.

This therapy is effective for eliminating withdrawal symptoms and suppress one’s appetite.

Under the supervision of Dr. David Keedy, M.D., P.A.C.C., F.A.C.P., Valor Laser Therapy is safe and totally painless, with no side effects. This authentic therapy achieves the desired results quickly.

To Make an Appointment call 248-644-2955  
40780 Woodward St., 201 Bloomfield Hills, MI 48304  
www.lewissmithphdpc.com

**One complimentary consultation to MPA Members limited to not more than one hour of attorney or legal assistant time.**

FOSTER, SWIFT, COLLINS & SMITH, P.C.
A Michigan Law Firm

With one of Michigan’s largest and most comprehensive health law practice groups, Foster Swift attorneys are devoted to the health and success of your organization.

Recognized in the Honor Roll of Law Firms by the American Health Lawyers Association.

The Beth Clark Service Award

The Beth Clark Service Award is given periodically to an MPA member who has demonstrated volunteerism, initiative, perseverance, integrity, selflessness, and good will.

“It’s important for our organization to recognize that this award is for the person who exemplifies the spirit of volunteerism and selflessness within MPA,” comments Jack P. Haynes, MPA President.

The nominee for the Beth Clark Award is selected by the Executive Committee and the awardee is ratified by the Board of Directors.

You can show your support for MPA and note a special occasion of your own or honor someone by underwriting a future issue of The Michigan Psychologist. Your support will be noted on the front page unless otherwise requested. Please call Pam Steffy, Managing Director at the MPA office 517-347-1885 for more information.
Interests in helping the public understand the importance of psychology? Then consider joining the MPA Public Education Committee.

“We want the public to understand the importance of caring for mental health as a fundamental tenet of modern life,” says committee chair, Jan Tomakowsky. “There are so many ways we might go about this, but as a virtually new committee we decided that it would be best to focus on APA’s current public education campaign.”

The APA campaign is “Mind-Body Health: For a Healthy Mind and Body, Talk to a Psychologist.”

To that end, the committee is meeting with local representatives of the American Heart Association (AHA) to discuss how MPA might be involved in next year’s Heart Walk, to be held on May 19, 2007 in southeastern Michigan. This region’s Heart Walk typically attracts nearly 25,000 people to support the AHA and provides a unique opportunity to educate people about the importance of psychology and heart health.

“Research has demonstrated associations between psychological health and cardiovascular diseases,” committee member Art Luz says. “By participating in events such as the Heart Walk, we hope to help the public understand more about this link and to give a face to psychology.”

The committee is also considering how to help the public understand more about how psychological factors, such as stress and anxiety, are associated with diseases such as Crohn’s disease and colitis. Committee members plan to participate in this year’s Guts and Glory Walk, an event that supports the Crohn’s and Colitis Foundation of America. This event takes place on September 9th at Maybury State Park in Northville.

“This is a great way to promote the work that we do as psychologists,” says Sammi Siegel, a public education committee member who is organizing MPA’s presence at this year’s walk.

The committee also plans to be involved with depression screening and depression education, highlighted by National Depression Screening Day on October 5. The committee is considering how to provide on-line depression screening related to this event.

“National Depression Screening Day and similar mental health events provide natural opportunities for MPA psychologists to talk about psychological health in their communities,” says Tomakowsky. “We encourage other MPA members to reach out to help the public understand what we do and how important it is. And we invite MPA members to join us on the Public Education Committee to further these goals.”

The MPA Public Education Committee consists of members Sabine Chrisiman, Art Luz, Sammi Siegel, Mark Vogel, and Jan Tomakowsky. To contact the committee with your questions or comments, call Jan Tomakowsky at 248-543-2430.

**WHY I STILL BELONG TO MPA**

Why do long-term members still belong to MPA?

If we knew the answer to this question, it might help recruit new members. And it would say volumes about our organization. Clearly most psychologists, once they join MPA, retain their membership. But why?

To try to get some answers, The Michigan Psychologist talked to several long-time members.

Herbert Silverman, an Oak Park psychologist, joined MPA in 1954.

“It’s been an educational experience,” says Silverman. He particularly has enjoyed the annual meetings and workshops provided by MPA over the past 50 years. “Two of the programs that stand out in my mind,” says Silverman, “is Marsha Linehan’s workshop on Dialectical Behavioral Psychotherapy and Daniel Wilé’s presentation on couple therapy.

James Windell has been a member of MPA since 1973. “I joined because I wanted to have a professional identity,” Windell says. “I’ve enjoyed many workshops over the decades,” he says, “but I always knew that the importance of MPA was about looking out for the interests of psychologists and enhancing the profession.”

Gale Swan, an MPA member since 1975, remembers the stimulating and challenging experiences she’s had as a member. “I had the opportunity to serve on the Board of MPA as Secretary, and also as a member of the Ethics Committee,” she points out.

“These experiences provided an opportunity to take part in the inner workings of the organization and to get to know a number of colleagues closely over the years.”

Lynn Pantano remembers the date she joined. “It was 1975, and I had just gotten my Master’s,” she recalls. “The convention was in San Francisco, and MPA had negotiated a deal with the airlines for air travel to San Francisco. Finally, I was eligible to join, and I could save money! I joined. I have never regretted the decision.”

Swan adds that being a member has led to meeting many wonderful people. “My membership has given me a chance to participate in the exchange of ideas as well as to contribute to the profession, to know and keep in touch with colleagues, and to develop lasting friendships.”

Pantano’s original reasons for joining MPA, she admits, were something less than altruistic. “Nevertheless, I have always felt that it has been my responsibility, as well as my pleasure, as a practicing psychologist, to belong to the association that represents my interests, offers me information and networking, and provides me with a place to call ‘home,’” she says.

“While the nature of my practice or my colleagues may change, I know that I maintain my continuity as a psychologist with my membership in MPA.”

To learn more about the Membership Committee or how you can get involved, contact Steven Ceresnie at 734-453-9290.