



Michigan Psychological Association

SCIENCE • EDUCATION • ADVOCACY

3rd Annual Michigan Health Psychology Symposium: A Virtual Event October 30, 2020

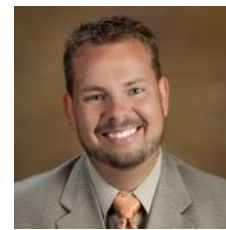
Agenda:

0800-0815: Welcome and Opening Remarks
Chris Sterling, PsyD – Chair of the MPA Program Committee
Jen Peltzer-Jones PsyD RN – Chair of the Integrated Care Committee

0815-0915:

Keynote Address:

*Future of Psychology Practice:
Population Health, Equity, &
Innovation*



Jared Skillings PhD ABPP – Chief of Professional Practice, American Psychological Association

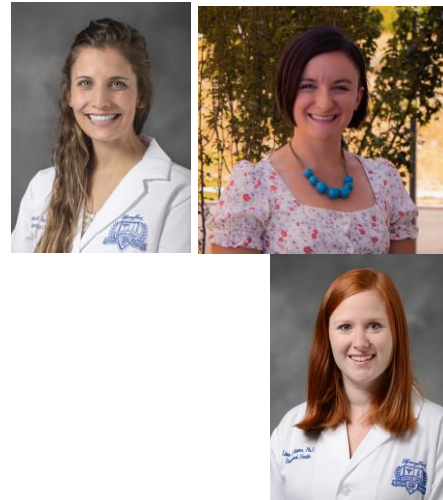
This TEDtalk-style presentation will explore a single question: Is the current state of (your) psychology practice prepared for the future? Through best practices in leadership science, Diversity, Equity, & Inclusion (DEI), and marketplace examples from other industries, we will present innovative strategies for demonstrating value and envisioning future success for your psychology practice. (1 CE)

Objectives:

1. Identify an example of marketplace disruption in health care.
2. Identify at least two strategies to demonstrate the value of psychological services in academic health centers and hospitals.
3. Summarize at least two approaches to effectively communicate the value of psychological services in academic health centers and hospitals to leadership from other health care disciplines.

0915-1015:

Disparities in Bariatric Surgery: Influence on Access to Surgery and Weight Loss



Leah Hecht PhD¹, Shannon Clark-Sienkiewicz PhD², Lisa Miller-Matero PhD ABPP¹ - Henry Ford Health System¹, Arizona State University

Bariatric surgery is the most effective surgical treatment for severe obesity. In 2018, approximately 252,000 bariatric surgery procedures were performed in the United States. There are significant disparities in access to bariatric surgery and post-surgical weight outcomes. This talk will highlight research conducted in Michigan focused on these disparities and the application of this knowledge in pre-surgical evaluations. (1 CE)

Objectives:

1. Recognize disparities in access to and weight loss outcomes following bariatric surgery
2. Identify psychosocial variables that offer potential explanations for these disparities,
3. List validated tools to assess health literacy and health numeracy
4. Describe ideas that may improve disparities in underserved populations.

1015-1030: Break

1030-1130:

Health, and Barriers to Health, for Transgender People



Molly Gabriel-Champine, PhD - McLaren Bay Region

This presentation will briefly discuss theories related to gender development and identity. It will more fully discuss specific health care concerns, barriers, and medical challenges that transgender people often face. This talk will not only discuss which medical conditions have a higher prevalence rate within the transgender community, but also how health care providers can best screen and address these concerns. Treatment recommendations and communication strategies will be made. (1 CE)

Objectives:

1. After the talk, participants will have a better understand of gender development, as it relates to biological, psychological, and social factors.
2. After the talk, participants will have a better understanding of health conditions which exist at a higher frequency within the transgender population, especially as it relates to the minority stress model.

1130-1230:

The Realities of Donor Conception



Lynne Spencer, MA LLP RN – Timber Creek Counseling

Donor conceived people are misunderstood, unheard and minimized. These are people who were conceived from donor sperm/egg/embryos/surrogates. Historically, the practice was surrounded by secrecy. Now more people are finding out about their situations and react with intense emotions, identity questions, and issues with social and genetic family members. In the phenomenological research of sperm donor offspring, *What is the Experience of Confronting the Reality of Being a Donor Offspring?*, fifteen areas of concern were identified. These will be presented so conference attendees will gain an

understanding of areas of concern for donor conceived people. Ethical issues will also be addressed. Psychologists, researchers and ethicists can gain a better understanding of what concerns donor conceived people have and how they can best be supported. (1 ETHICS CE)

Objectives:

1. Participants will be able to describe at least 3 areas of concern for people conceived from donor gametes (sperm/egg).
2. Participants will be able to describe at least 1 psychological treatment modality for people conceived from donor gametes.
3. Participants will be able to list at least 1 APA Ethical Principle related to donor conception.

1230-1245: Trainee Poster Competition (Pre-Recorded Video Montage)
Made Possible by the University of Michigan-Dearborn Clinical Health Psychology and Health Psychology Graduate Program

1245-1300: Break

1300-1430: Room 1 Breakout (Networking)

A separate virtual “room” will be set up for all registered, non-trainee level Psychologists in order to network and informally discuss the “lessons learned” from the COVID19 Programs. There are no CEs available for this session, but rather, this is geared for anyone who would like time to network! There are no additional fees associated with this activity!

1300-1430: Room 2 Breakout (Trainee Event)

Building on our history of wanting to engage our next generation of Health Psychologists, we are pleased to offer a very special student/trainee event! During this informal mentoring experience, the Michigan Psychological Association’s Integrated Care Committee and our Keynote Speaker, Dr. Jared Skillings, will be available to field student/trainee questions! There are no additional fees associated with this activity!

Trainee Breakout Panel Participants:

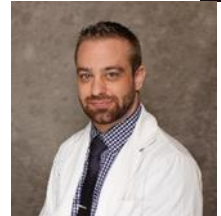
Jared Skillings PhD ABPP,
Chief of Professional Practice, American
Psychological Association



Jennifer Peltzer-Jones PsyD RN,
Assistant Medical Director of Emergency
Behavioral Services, Henry Ford Health
System; Chair, Michigan Psychological
Association Integrated Care Committee



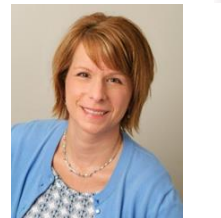
Andrew Champine PsyD
Director of Behavioral Medicine Education,
McLaren Flint - Internal Medicine



Molly E. Gabriel-Champine, PhD
Director of Behavioral Science Education,
Family Medicine Residency, McLaren Bay
Region



Stacey R. Gedeon, Psy.D., MS Clinical
Psychopharmacology
Director of Behavioral Health & Integrated
Primary Care, MidMichigan Community Health
Services



Shawn Hondorp PhD ABPP
Division of Psychiatry and Behavioral
Medicine, Surgical Weight Loss, Spectrum
Health System



Heather Kirkpatrick PhD MSCP ABPP
Director of Behavioral Science for Internal
Medicine at Ascension Genesys Hospital



Lori Lackman Zeman, PhD, ABPP
Director of Behavioral Medicine, Beaumont
Troy Family Medicine Center



Scott J. Nyman, PhD, ABPP
Dir. of Beh Sci for Ascension Genesys Fam
Med Residency Program, Assistant Professor,
Dept.'s of Family Medicine & Psychiatry, MSU
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Elissa Patterson PhD
Past President, Michigan Psychological
Association; Clinical Assistant Professor,
Consultation-Liaison Service, Michigan
Medicine



Julija Stelmokas PsyD ABPP
Staff Psychologist, Ann Arbor VA Healthcare
System, VISN 10 Geriatric Mental Health
Champion, Research Scientist, AAVA GRECC,
Clinical Assistant Professor, University of
Michigan Department of Psychiatry



Anatol Tolchinsky PhD
Associate Designated Institutional Official &
Director of Medical Education, McLaren
Greater Lansing



Amy Williams PhD
Senior Staff Health Psychologist & Director of
Research, Dept. Otolaryngology-Head & Neck
Surgery, Henry Ford Health System



